

# AIGIBD

## SUMMIT 2023

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**Optimizing Management of  
Inflammatory Bowel Disease**

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7<sup>th</sup>-9<sup>th</sup> APRIL, 2023

HICC | HYDERABAD



## MESSAGE FROM THE CHAIRMAN



**Dr. D Nageshwar Reddy**  
Chairman and Managing Director

### **Dear friends and colleagues,**

It is indeed a pleasure for us to welcome you to Hyderabad on 7<sup>th</sup> - 9<sup>th</sup> April 2023 for the International Symposium on Inflammatory Bowel Diseases, AIG IBD Summit 2023.

Inflammatory Bowel diseases including Crohn's Disease & Ulcerative Colitis are chronic lifelong conditions. Establishing and maintaining symptom control & remission is critical to minimize complications. IBD is an emergent disease not only in India but in several parts of the Asia-Pacific, Africa, and the Middle East with a rising incidence over the last decade. The changing socioeconomic environment and prevalent disease patterns has presented unique diagnostic dilemmas, management controversies and challenges. Our work along with the collaborators at the IBD-ENC (IBD Emerging Nations' Consortium) have shown that we need a differential approach for geography.

This symposium aims to provide an indepth review of the pathophysiology, diagnostic methods, medical and surgical therapeutic approaches of IBD. Key international and national experts in the field will discuss, debate, and highlight the latest concepts and consensus in the management of IBD.

Overall, we need to learn from each other, share knowledge and best local practices to optimally manage our patients. We would like to welcome everyone who has interest and interaction with IBD patients to come forth and join us in Hyderabad in April 2023!!

## MESSAGE FROM TEAM AIG



**Dr. Rupa Banerjee**  
Director, IBD Center, AIG Hospitals

### **Dear friends,**

It is our privilege to invite you all for the AIG IBD Summit 2023 from 7th to 9th April in Hyderabad, India.

IBD is emerging rapidly in the South Asian countries and the Middle East, despite the vast geographical diversity. Our collaborative efforts of 25 countries at the IBD-ENC (IBD- Emerging Nations Consortium) has highlighted the emerging nature, increasing incidence and the similar challenges we face in this part of the world.

The AIG IBD Summit will bring all key stakeholders together to deliberate and discuss options & feasibilities to optimize treatment of patients in this part of the world. The three-day conference will constitute of a dedicated Post-Graduate course, the well-known Live IBD Endoscopy Workshop, State-of-the-Art lectures, Biologics Symposium, covering the entire spectrum of management of this chronic lifelong condition.

Hyderabad has the unique distinction of being a historical city with palaces, museums and bazaars as well as a modern-day technology hub and offers a unique gateway to explore India's rich cultural heritage.

We are eagerly awaiting your arrival here and an exciting conference ahead !!

14:00 - 18:00 **IBD Cross Talk: A Patient - Clinician Interactive Forum**

**DAY - 1**

**Friday | 7<sup>th</sup> April-2023**

TIME	TOPIC
09:00 - 09:15	<b>Welcome address and Inauguration</b>
09:15 - 10:45	<b>I. IBD Grand Rounds for Post graduates</b>
09:15 - 10:25	1. First episode of bloody diarrhoea- is it IBD? 2. A case of mild to moderate Crohn's disease
10:25 - 10:45	Reporting IBD in clinical practice: The Proper Way
10:45 - 11:00	<b>Coffee and Tea Break</b>
11:00 - 12:40	<b>II. Making the Basics simple</b>
	• <b>Key Note Address:</b>
11:00 - 11:20	• Changing Lifestyles and Epidemiology in the search for the etiology of IBD
11:20 - 11:40	• IBD : From Etiopathogenesis to Clinical Practice
	• <b>State of art lectures :</b>
11:40 - 12:00	• Fibrosis in CD: can we halt the progression?
12:00- 12:20	• Simply speaking: How do drugs work?
12:20- 12:40	• Microbiome pills: How far are we?
12:40 - 13:50	<b>III. Diagnostic partners: Pathology &amp; Radiology</b>
12:40 - 13:10	Where pathologists changed the diagnosis: Case-based Discussions
13:10- 13:30	The basics of CT and MR interpretation for day to day clinical practice
13:30- 13:50	Point of care intestinal ultrasound in IBD: a new skill for the gastroenterologist
13:50 - 14:50	<b>Lunch</b>

**Optimizing Management of Inflammatory Bowel Disease****TIME TOPIC**

14:50 - 16:50	<b>IV. AIG live endoscopy workshop</b>
14:50 - 15:05	Small bowel endoscopy: Capsule, Balloon, Spiral - Choosing the right option?
15:05 - 15:20	From intelligence to artificial intelligence in IBD
15:20 - 16:50	<b>AIG LIVE: Endoscopy in IBD</b> <ul style="list-style-type: none"><li>• Diagnostic &amp; Therapeutic endoscopy in IBD: Novel imaging, Chromoendoscopy, Endocytoscopy, Endobrain</li><li>• Enteroscopy: The spiral way</li><li>• Interventional endoscopy: Strictures, balloons, stents, setons</li><li>• EMR, ESD, TEM, Fecal Transplantation</li></ul>
16:50 - 17:50	<b>V. The Grey Zones in IBD</b> <b>Expert Opinion:</b>
16:50 - 17:10	Are all terminal ileal ulcers Crohns?
17:10 - 17:30	Pre and Probiotics- do they have a future?
17:30 - 17:50	5-ASA for Crohn's disease- Yes or No?
17:50 - 18:30	<b>Talk of the Day</b> <ul style="list-style-type: none"><li>• A career in IBD: A new sub speciality on the rise: The Western perspective &amp; The Indian Perspective</li></ul>
18:30 Onwards	<b>Industry Symposium</b>

## Optimizing Management of Inflammatory Bowel Disease

TIME	TOPIC
08:30 - 09:00	Warming up for the day..A Fun Quiz with spot prizes
09:00 - 09:45	<b>Conventional therapy in IBD : (Risks and benefits)</b>
09:00 - 09:15	Oral and topical mesalazines: Which? When? How long?
09:15 - 09:30	Budesonide, MMX or Prednisolone in current treatment algorithms
09:30 - 09:45	Optimizing Azathioprine treatment: What dose? How long?
09:45 - 10:20	<b>Case based discussion: A Hospitalised Patient with severe UC</b> <ul style="list-style-type: none"> <li>• Admission Orders: What Should They Be?</li> <li>• Days 1-3: Monitoring, Anticipating, Planning</li> <li>• Salvage Therapy: Beyond IV Steroids</li> <li>• The Gastroenterologist's Best Friend: The Surgeon</li> </ul>
10:20 - 11:00	<b>Microbiome &amp; IBD : Newer vistas</b>
10:20 - 10:35	Diet-microbiome interactions: The perfect meal plan in IBD
10:35 - 11:00	Microbiome based dietary therapy: the Indo-Israeli experience
11:00 - 11:30	<b>Coffee and Tea Break</b>
11:30 - 11:50	<b>Non- IBD colitis - approach and management</b> <ul style="list-style-type: none"> <li>• Ischemia and Microscopic Colitis</li> <li>• Sudd/SCAD</li> <li>• Checkpoint Inhibitor Colitis</li> </ul>
11:50 - 12:20	<b>AIG Oration</b> 20 years of IBD Research: How near are we to cure? <b>AIG IBD Manual Book release</b>
12:20 - 13:45	<b>Biologics Symposium: All you need to know</b>
12:20 - 12:35	Anti-TNFs and anti-integrins: Journey so far
12:35 - 12:50	JAK inhibition: tofacitinib and beyond
12:50 - 13:05	Ustekinumab: will it be the game changer?
13:05 - 13:20	Positioning biologics and small molecules: the current perspective
13:20 - 13:35	Audience Interaction
13:35 - 13:45	<b>Launch of IBD-ENC Biologics Registry</b>

## Optimizing Management of Inflammatory Bowel Disease

### TIME TOPIC

13:45 - 14:30	<b>Lunch</b>
14:30 - 15:00	<p><b>Case based discussion: Interesting case report</b></p> <p>A 22year old medical student with perianal fistula: A panel discussion on key Issues:</p> <ul style="list-style-type: none"> <li>• Timing of seton placement</li> <li>• Choice of antibiotic</li> <li>• Selecting the right biologic</li> </ul>
15:00 - 15:30	<b>Following up the IBD patient</b>
15:00 - 15:15	Crohn's Disease - post surgery - what next?
15:15 - 15:30	Recurrent Pouchitis - what next?
	<b>State-of-art lectures :</b>
15:30 - 15:50	Exit strategy from maintenance therapy in IBD : When, why & if to stop 5ASA, AZA, biologics?
15:50 - 16:10	Persistent symptoms in IBD: beyond active disease!
16:10 - 16:20	Audience interaction
16:20 - 16:40	<b>Coffee and Tea Break</b>
16:40 - 17:30	<p><b>IBD beyond the gut</b></p> <p><b>Key Note Address:</b></p>
16:40 - 17:05	Liver disorders in Inflammatory bowel Disease: NASH & Beyond
17:05 - 17:30	Vascular complications of IBD: An overlooked problem
17:30 - 18:30	<b>Dilemmas in management: Gastroenterologist vs Surgeon</b>
17:30 - 18:00	Ileocaecal Disease : Resect or Medicate ?
18:00 - 18:30	Dysplasia in IBD- endoscopic resection or colectomy?
18:30 - 18:45	Surviving IBD -Socioeconomic struggles



19:00 Onwards  
*Gala Dinner*

## Optimizing Management of Inflammatory Bowel Disease

### TIME TOPIC

#### 08:00 - 09:00 **Breakfast Sessions**

The Pediatric IBD roundtable  
 IBD: Patient Advocacy Forum  
 Interventional IBD  
 Beyond Academics: Financial education for doctors

#### 09:00 - 10:15 **Practice Points for Indian scenario**

09:00 - 09:30 Approach to unexplained fever in IBD  
 09:30 - 09:45 TDM-Proactive vs Reactive  
 09:45 - 10:00 Can Tofa be the first line drug after steroids?  
 10:00 - 10:15 Navigating the taboo of Mental and Sexual health in IBD

#### 10:15 - 10:55 **Keynote lectures:**

10:15 - 10:35 Common mistakes in management of IBD  
 10:35 - 10:55 IBD motherhood: Management of the pregnant and newborn

#### 10:55 - 11:15 **Coffee and Tea Break**

11:15 - 11:30 Exclusive Enteral Nutrition and Dietary Therapies

#### 11:30 - 12:15 **Case snippets**

11:30 - 11:45 A. Quiet colon but angry joints  
 11:45 - 12:00 B. Intractable proctitis  
 12:00 - 12:15 C. Case of UC with CMV: Culprit or innocent bystander?

#### 12:15 - 13:00 **Pediatric IBD**

12:15 - 12:30 IBD in children - how is it different?  
 12:30 - 12:45 Approach to a case of early onset IBD  
 12:45 - 13:00 Drug dosing in the young IBD

#### 13:00 - 14:00 **LUNCH AND ADJOURN**

14:00 - 16:00 **The IBD Emerging Nations Consortium (IBD ENC) workshop**



## International Faculty



Prof David Rubin  
USA



Prof Michael Kamm  
Australia



Dr. Charles Bernstein  
Canada



Prof Simon Travis  
UK



Prof Iris Dotan  
Israel



Prof Siew Ng  
Hongkong



Prof Rupert Leong  
Australia



Prof Ooi Choon Jin  
Singapore



Prof Ida Hilmi  
Malaysia



Prof Byong Duk Ye  
South Korea



Lihi Godny  
Israel

## Conference Highlights

- Best practices in day-to-day management
- State-of-the-art lectures from top International and National Faculty
- Challenging cases and interactive case presentations
- LIVE Transmission of Diagnostic & Interventional IBD Endoscopy
- Optimizing disease management from our perspectives
- Newer advances in the management and future directions in IBD Care
- Platform for networking with participants from 30+ countries

## Who should attend?

- **Medical Gastroenterologists**
- **Surgical Gastroenterologists**
- **Physicians (MDs)**
- **PG Students**
- **IBD Academicians**

To Register, write a mail to [academics@aighospitals.com](mailto:academics@aighospitals.com)



Faruque Ahmed



Masudur Rehman



Mostafa Noor Mohsin



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Smita Devani



Ely Ogutu



Heba-Al-farhan



Mahmoud Omar



Than Than Aye



Nwe Ni



Raja Affendi Raja Ali



Neeraj Joshi



Mukesh Sharma Paudel



Lubna Kamani



Jose Sollano



Navarathne



Nilesch Fernandopulle



Muneera Jassim Al-Mohannadi



Pisesongsa Pises



Julajak Lim Srivilai



Badre Alam



Yogesh Shastri



M. Azzam Kayasseh



Sara El Ouali



## **AIG IBD CENTER OF EXCELLENCE FOR DIAGNOSIS, MANAGEMENT & RESEARCH OF INFLAMMATORY BOWEL DISEASES**

- ❖ **State of the Art Endoscopic facility for Specialized Procedures (Diagnostic & Therapeutic)**
- ❖ **Surgical Gastroenterology and Minimally Invasive Surgery**
- ❖ **Multidisciplinary team of Rheumatologist, Ophthalmologist and Dermatologist**
- ❖ **Advanced Pathology, Microbiology & Biochemistry Services**
- ❖ **Upgraded Department of Radiology**
- ❖ **Department of Nutrition**
- ❖ **Indian IBD Support Forum**
- ❖ **Dedicated Microbiome lab**
- ❖ **Translational Medicine for IBD Genetics, Sero markers and Cell based therapies**

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