



Institute of Pulmonary Medicine & Sleep Medicine

BEST PRACTICES IN MANAGEMENT OF SLEEP APNEA

- **June 8, 2025 (Sunday)**
- 9:00 AM to 6:00 PM
- Auditorium, Ground Floor, AIG Hospitals, Hyderabad



Launch of the **CPAP Clinic**

Breathe Better, Live Better, Sleep Better

Empowering Physicians with the Latest updates in Sleep Apnea & CPAP Therapy

CHIEF PATRONS



Dr. D. Nageshwar Reddy Chairman, AIG Hospitals



Dr. G V Rao Director, AIG Hospitals



PVS Raju Vice Chairman, AIG Hospitals

COURSE DIRECTOR



Dr. Vishwanath Gella **HOD & Senior Consultant Pulmonologist** Department of Pulmonology

ORGANISING COMMITTEE



Dr. Raghava Rao G Sr. Consultant - Pulmonology Department of Pulmonology



Dr. Goutam Bachu Sr. Consultant - Pulmonology Department of Pulmonology



Dr. Gella Druva Vinay Kumar Dr. Deepika Kucherlapati Consultant - Pulmonology Department of Pulmonology



Sr. Consultant - Pulmonology Department of Pulmonology



Dr. Chandan S Metage Consultant - Pulmonology Department of Pulmonology



Dr. Dasari Nishanth V Sr. Consultant - Pulmonology Department of Pulmonology



Dr. Srinivas Kishore Sistla HOD & Director (Otolaryngology) FNT

FACULTY —



Dr.G.K.Paramiyothi Senior Pulmonologist NIMS. Hyderabad



Dr. R Vijai Kumar Senior Pulmonologist Hyderabad



Dr. Ashfaq Hasan Principal & Professor Pulmonology Deccan (DCMS) Medical College Centre of Obesity, Bariatric



Dr. Abhishek Katakwar Associate Director of Bariatric & Metabolic Surgery and Metabolic Surgery



Dr. Abhishek Goyal Senior Consultant & HOD Respiratory Medicine Graphic Era Hospital, Uttarkhand



Dr. Anand V Kulkarni Director Critical Care Hepatology & Senior Consultant Hepatologist



Dr. Anuj Kapadiya Director of Cathlab & Senior Consultant Cardiologist



Dr. Srikar Darisetty Senior Pulmonologist. Hyderabad



Dr. Chandana Reddy. I Senior Consultant. Pulmonology and Critical Care Endocrinology & Diabetology



Dr. Kiran Kumar Pasam Consultant



Dr. Pranav Ish Assoc. Prof. of Pulmonary Medicine, VMMC & Safdarjung Hospital, Delhi



Dr.Radha Reddy Chada Nutrition & Dietician



Dr. Rama Krishna Chief Physiotherapist



Dr. Ramakanth Reddy Dubbudu Consultant Oral & Maxillofacial Surgery



Dr. Rajeev Menon **HOD & Clinical Director** of Cardiology



Dr.Rakesh Kodati Assistant Professor NIMS, Hyderabad



Dr. Tejas Menon Suri Assistant Professor AIIMS-Delhi



Dr. Yogitha Babani Physiotherapy

PROGRAMME SCHEDULE

Time	Topic	Speaker
09:00 AM - 09:30 AM	PRE-TEST QUIZ	Dr Tejas Menon Suri Dr Druva Vinay Kumar Gella
09:30 AM - 09:45 AM	Introduction to Obstructive sleep Apnea: Clinical Overview & Impact	Dr Goutam Bachu
09:45 AM - 10:00 AM	Decoding Sleep Study Reports: Key Takeaways for clinicians	Dr Pranav Ish
10:00 AM -10:15 AM	Managing Refractory Hypercapnia in Sleep Apnea & Titration Protocols	Dr.Abhishek Goyal
10:15 AM - 10:30 AM	CPAP Therapy :Cardiovascular & Other health benefits	Dr Raghava Rao G
10:30 AM - 10:45 AM	Understanding Basics of PAP THERAPY What Every Clinician Should Know?	Dr Chandana Reddy
10:45 AM - 11:00 AM	Tea Break	
11:00 AM - 11:30 AM	Debate :Auto CPAP Vs Manual CPAP - Which is More Effective?	D. D. William V.
	Auto CPAP is better Manual CPAP is better	Dr R Vijai Kumar Dr Abhishek Goyal
	Referee	e Dr.G.K.Paramjyothi
11:30 AM - 11:45 AM	Trouble shooting CPAP Challenges: Strategies to Improve Patient Adherence	Dr Rakesh Kodati
11:45 AM - 12:15 PM	Multidisciplinary Insights into Weight Loss For Sleep Apnea Panel Discussion	Moderator Dr Abhishek Katakwar Panelists Dr Radha Reddy Dr Anuj Kapadiya Dr Ramakrishna Dr. Kiran Kumar Pasam
		Dr. Anand V Kulkarni
12:15 PM - 12:30 PM	Official Launch : Dedicated CPAP Clinic	
12:30 PM - 12:45 PM	Monitoring CPAP Compliance remotely: Telehealth Tools and Techniques	Dr Tejas Menon Suri
12:45 PM - 01:30 PM	LUNCH	
01:30 PM - 02:00 PM	Practical Insights into enhancing CPAP Adherence -Panel Discussion	Moderator Dr Ashfaq Hasan
		Panelists Dr Rajeev Menon Dr Rakesh Kodati, Dr Chandan S Metage Dr Srinivas Kishore Dr Srikar Darisetty

Dr. Srikar Darisetty

Time	Торіс	Speaker
02:00 PM - 02:15 PM	Overcoming CPAP Non-adherence: Role of Sleep Surgery	Dr.Srinivas Kishore
02:15 PM - 02:30PM	Role of Oral & Maxillo-facial surgeon in management of OSA	Dr Ramakanth Dubbudu
02:30 PM - 02: 45 PM	Myofunctional Therapy for OSA : Excercises that Support Airway Health	Dr Yogita Babani
02:45 PM - 03:00PM	PAP NAP Trial : Real Time therapy Evaluation During daytime Naps	Dr Druva Vinay Kumar Gella
03:00 PM - 03:15 PM	Best Practices for cleaning and Maintaining CPAP Devices	Resmed Team
03:15 PM - 05:00 PM	WORK SHOP	
05:00 PM - 05:15 PM	Tea Break	
05:15 PM - 05:45 PM	Post Test Quiz	Dr Tejas Menon Suri Dr Druva Vinay Kumar Gella
05:45 PM - 06:00 PM	Closing Ceremony & Certificate Ceremony	

— CPAP WORKSHOP -



Which Specialists Should Attend?

Primary Care Physicians, Pulmonologists, Cardiologists, General Medicine Specialists, ENT Specialists, Bariatric Surgeons, Healthcare Professionals involved in Sleep Care



SCAN TO REGISTER

Last Date of Registration **4th June 2025**

400+ CONSULTANTS ACROSS 40+ SPECIALTIES





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- VIDEO EEG/NCS/EMG/EPS
- Uroflowmetry, Urodynamic Study
- Bone Marrow Densitometry (BMD)
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