



CHANGING SYSTEMS
**HEALTHIER
LIVES**



PRESENTS

BREAK THE WEIGHT

Shape Your Future, One Choice at a Time

Tuesday, 4th March | 4 PM - 7 PM

Chief Patron



Dr. D. Nageshwar Reddy
Chairman, AIG Hospitals

Guest of Honour



C. V. Anand, IPS
Commissioner of Police,
Hyderabad

**The biggest assembly of experts to answer
all your queries and help you navigate
your weight loss journey**



Interactive Weight Management Kiosks

-  **Body Fat Analysis** (Only for first 100 registrations)
-  **On-spot minimally-invasive diagnostics for insulin resistance**
-  **Fatty Liver Analysis** (Only for first 100 registrations)
-  **Nutrition & Anti-inflammatory diet tips**
-  **TO DOs: Posture correction and fat burning exercises**

A must attend for people with BMI more than 28

PROGRAM SCHEDULE

- 04:00 PM - 05:00 PM **Registration & Overall health assessment (in Kiosks)**
05:00 PM - 06:30 PM **Multidisciplinary Panel Discussion and Q & A**
06:30 PM - 07:00 PM **Networking with AIG Doctors over High Tea (Healthy Snacks)**

[Click Here to Register](#)

[BLOCK YOUR SEAT](#)

[Click Here to Calculate BMI](#)

Venue: AIG Hospitals, Gachibowli

Organized by :

Centre for Obesity & Metabolic Therapy, AIG Hospitals

“To become a fit and healthy nation, we will have to tackle the problem of obesity. More worrying is that the problem of obesity has increased four times in children in recent years. Obesity gives rise to many kinds of diseases. Together, we can tackle this challenge.”

**Hon'ble PM Shri Narendra Modi said in his
“Mann ki Baat” Program on 23rd Feb 2025**



**LET'S FIGHT
OBESITY
TOGETHER**